



Energy Efficiency
Tip of the Month

Heating your living space uses more energy than any other system in your home – typically making up about 42 percent of your utility bill. By combining proper equipment maintenance and upgrades with recommended insulation, air sealing and thermostat settings, you can save about 30 percent on your energy bill.

Source: energy.gov

No More Credit Card Fees

No one likes being charged a credit card or debit card “convenience fee” when paying their electric bill, including us. That is why Lake Region Electric Cooperative has changed our policy so members can pay their bill and no longer be charged a fee for using a card.

Through this arrangement we can now accept Visa and MasterCard only. No other credit or debit cards will be accepted. There is a minimum payment of \$15 and a maximum credit/debit



card payment of \$25,000 per member per transaction. Paying by phone, in person, online, credit card draft, or by the SmartHub mobile App all just got easier and less expensive.

Use your SmartHub App to schedule your payment to be automatically deducted from your Visa or MasterCard. Download SmartHub at <https://www.lrecok.coop/smarthub>

Internet, Cable TV, & Home Phone

Lake Region Electric Cooperative is in the process of implementing a fiber-to-the-home network across our electric grid. With this investment, we will be able to provide our members with access to high-speed internet, crystal-clear HD cable television and unlimited local and long distance home phone.

We are asking members who are interested in receiving these services to pre-register by calling our office, visiting one of our three office locations or online at register.lrecok.net.

We want to hear from you, the members. We have identified 11 zones in phase 1. We are collecting expressions of interest that will ultimately help guide our construction plans to



expand our fiber network. If your home does not fall inside one of these identified zones please complete the form and let us know you are interested. You and your neighbors will determine where we build next and future expansion zones.

Inside page 2 you will see our prices, packages and cable TV channels offered. If you would like more information or want to pre-register please give us a call **918-772-2526**.

November 6th

Time to fall back



Turn your clocks back one hour to standard time at 2 a.m. Sunday.



918-772-2526

www.lrecok.net



Internet, TV, and Home Phone

High Speed Internet

Residential

Basic\$49.95
 • 50 MB Download / 50 MB Upload.....300 GB

Advance\$69.95
 • 75 MB Download / 75 MB Upload.....600 GB

Ultra\$99.95
 • 100 MB Download / 100 MB Upload.....1000 GB

Initial Static IP.....\$20.00

Business

TIER 1\$99.95
 • 100 MB Download / 100 MB Upload.....500 GB
Includes static IP

TIER 2\$174.95
 • 100 MB Download / 100 MB Upload.....1000 GB
Includes static IP

*\$8.99 equipment maintenance fee applies to all plans

HD Cable Television

Starter package
 120 channels.....\$65.00

Complete package
 190 channels
 + 50 music channels.....\$75.00

Works package
 254 channels
 + 50 music channels.....\$129.00

Add Premium Movie Channels:
 HBO or Cinemax - \$17.95 | Starz & Encore - \$13.95
 Showtime & Movie Channel - \$14.95

Sports Plus.....\$5.00
Variety Plus.....\$4.00
NFL Red Zone.....\$60.00 for the season

Each account includes ONE receiver at no monthly charge.

Additional DVR.....\$10.00
Additional HD Set-top Box.....\$7.95
Whole Home DRV service.....\$5.00

*\$8.99 equipment maintenance fee applies to all plans

Home Telephone

Telephone - Residential
 with unlimited long-distance....\$39.95

Telephone - Business
 with unlimited long-distance....\$49.95

*\$8.99 equipment maintenance fee applies to all plans

Bundle Discounts

Create a package to match your interests and needs.

Double Play Discount: Pick any two services (Internet, Phone or Television), take \$15 off your monthly bill.

Triple Play Discount: Pick all three services, take \$20 off your monthly bill.

LAKE REGION CHANNEL LINEUP

Channel lineup and programming subject to change.

For more information call 918-772-2526.



All High-Definition channels are marked with a HD after the channel name.

All Digital Music channels are included in both Complete and Works package.

Starter package - \$65.00

- 1 LREC Local Programming
- 2 KJRH NBC Ch. 2 HD
- 3 KJRH Live Well Network
- 6 KOTV CBS Ch. 6 HD
- 7 KQCW CW Tulsa
- 8 KTUL ABC Ch. 8 HD
- 9 KTUL Weather Channel
- 10 Retro TV (KTUL)
- 11 KOED PBS Tulsa Ch. 11 HD
- 12 KOED PBS Okla.
- 13 KOED Create
- 14 KDOR Enclave USA
- 15 Smile of a Child
- 16 JCTV
- 17 KDOR TBN Tulsa
- 18 KDOR Church Channel
- 19 News on 6 Now (KOTV)
- 22 HSN
- 23 KOKI Fox Ch. 23 HD
- 24 Me TV
- 25 KOED OETA Kids
- 26 QVC HD
- 28 Evine
- 41 KMYT MyTV Ch. 41 HD
- 42 ZUUS
- 43 GetTV
- 44 KTPX ION Ch. 44 HD
- 45 Ion Life
- 46 Qubo
- 47 KWHB Ind
- 53 KGEB ORU
- 58 EWTN
- 59 BYU
- 60 CSPAN 1
- 61 CSPAN 2
- 62 CSPAN 3
- 100 ESPN HD
- 101 ESPN2 HD
- 102 Fox Sports Okla. HD
- 103 Fox Sports Plus HD
- 111 NBC Sports HD
- 114 Fox Sports 1 HD
- 120 Velocity HD
- 201 ABC Family HD
- 201 Cartoon Network
- 203 Disney Channel HD
- 206 Nickelodeon HD

- 207 TV Land HD
- 250 BET HD
- 251 CMT HD
- 252 MTV HD
- 253 VH1 HD
- 300 Lifetime HD
- 302 Lifetime Movie Network HD
- 304 Oxygen HD
- 400 CNBC HD
- 401 CNN HD
- 402 Fox News HD
- 403 Headline News
- 404 History HD
- 405 MSNBC HD
- 406 Weather Channel HD
- 412 Investigation Discovery HD
- 417 Military History
- 500 A&E HD
- 502 Bravo HD
- 503 Comedy Central HD
- 504 Hallmark Channel HD
- 505 E! HD
- 506 Food HD
- 507 HGTV HD
- 508 AMC HD
- 509 FX HD
- 510 Spike TV HD
- 511 Syfy HD
- 513 TBS HD
- 514 TLC HD
- 515 TNT HD
- 516 USA HD
- 521 TruTV HD
- 530 FX HD
- 600 Animal Planet HD
- 601 Discovery Channel HD
- 602 National Geographic HD
- 603 Travel Channel HD
- 605 RFD HD

Complete package - \$75.00

- 105 ESPNEWS HD
- 106 ESPN HD
- 108 CBS Sports Network
- 109 Golf Channel HD
- 110 NFL Network HD
- 119 Discovery Life HD

- 122 SEC HD
- 123 SEC - A HD
- 124 SEC - B HD
- 205 Disney XD HD
- 208 The Hub HD
- 209 Nick Too
- 210 Nick Jr.
- 211 Nicktoons
- 213 TeenNick
- 214 Boomerang
- 215 Disney Jr.
- 254 CMT Pure Country
- 255 Great American Country
- 256 MTV 2 HD
- 257 MTV Hits
- 258 MTV Jams
- 259 VH1 Classic
- 260 VH1 Soul
- 350 Hallmark Movie Channel HD
- 352 FX Movie Channel HD
- 354 TCM
- 409 fyi HD
- 410 Crime and Investigation HD
- 411 H2 HD
- 413 A.H.C. Channel
- 414 Fox Business Channel HD
- 415 Fusion
- 517 DIY
- 518 Cooking Channel HD
- 520 Logo
- 525 BBC America
- 604 Destination America HD
- 606 Science Channel HD
- 607 WILD

Works package - \$129.00

- 700 HBO HD
- 701 HBO2 HD
- 702 HBO Comedy HD
- 703 HBO Family HD
- 704 HBO Signature HD
- 705 HBO Zone HD
- 706 Max HD
- 707 MoreMax HD
- 708 Action Max HD
- 709 Thriller max HD
- 710 5Star Max HD
- 711 WMax HD
- 712 OuterMax HD

- 713 AtMax HD
- 714 Starz (E) HD
- 716 Starz Cinema (E)
- 717 Starz Comedy (E) HD
- 718 Starz Edge (E) HD
- 719 Starz in Black (E)
- 720 Starz Kids and Family (E) HD
- 727 Encore (E) HD
- 728 Encore Action
- 729 Encore Drama
- 730 Encore Love
- 731 Encore Suspense
- 732 Encore Family
- 733 Encore Westerns
- 734 Showtime (E) HD
- 736 Showtime Beyond (E)
- 738 Showtime Extreme (E) HD
- 740 Showtime Family (E)
- 742 Showtime Next (E)
- 744 Showtime Showcase (E) HD
- 745 Showtime Showcase (W)
- 746 Showtime 2 HD
- 748 Showtime Women (E)
- 749 The Movie Channel (E) HD
- 750 The Movie Channel XTRA HD

Sports Plus - \$5.00

- 112 Fox College Sports Atlantic
- 113 Fox College Sports Central
- 114 Fox College Sports Pacific
- 116 Outdoor Channel HD
- 118 Big Ten Network HD
- 120 HRTV Horse Sports
- 126 MAVTV HD

Variety Plus - \$4.00

- 370 MGM HD
- 371 Sundance HD
- 373 IFC HD
- 375 BBC World News HD
- 378 We TV HD

Digital Music

- 900 Adult Alternative
- 901 Classic Rock
- 902 Rock Alternative
- 903 The Blues
- 904 Country Classics
- 905 Alt-Country Americana
- 906 Hot Country
- 907 No Fences
- 908 Bluegrass
- 909 Folk Roots
- 910 Jazz Masters
- 911 Easy Listening
- 912 Flashback 70's
- 913 Everything 80's
- 914 Swinging Standards
- 915 Hit List
- 916 Jukebox oldies
- 917 Pop Adult
- 918 The Light
- 919 Urban Beats
- 920 Gospel
- 921 Holiday Hits
- 922 Todays Latino Pop
- 923 Latino Tejano
- 924 Pop Classics
- 925 Rock
- 926 Hard Rock
- 927 Alt Rock Classics
- 928 Jazz Now
- 929 Smooth Jazz
- 930 Big Band
- 931 Dance Chubb'n'
- 932 Nothin' But 90's
- 933 Dance Classics
- 934 Maximum Party
- 935 Soul Storm
- 936 Retro R&B
- 937 Jamm'n'
- 938 Latino Tropical
- 939 Latin Urban
- 940 Retro Latino
- 941 Regional Mexican
- 942 Baroque
- 943 Chamber Music
- 944 Classical Masters
- 945 Opera Plus
- 946 Celtic
- 948 The Chill Lounge
- 949 The Spa

All SD Channels (non-HD) are available for customers who can not receive HD channels. All regular SD channels (non-HD channels) can be found by adding 1000 to the HD channel number. (Example) for non-HD channel 2 KJRH you would search for channel 1002.

Security Lights Provide Peace of Mind

LREC's Security lights for homes, farms, and businesses let you look on the bright side with safety and convenience.

That is because you are adding protection for your family and property by removing dark shadowed areas from your property.

Security lights are one of the safest, smartest, most convenient and most affordable forms of home and property protection available. For a small monthly fee of \$9.33 a 7,000 lumens security light will be mounted on an existing LREC pole with bracket attachments.

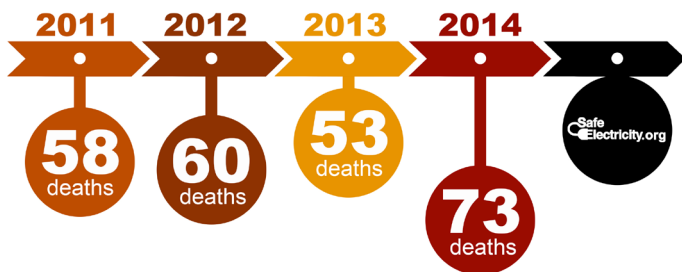
Give you and your family greater peace of mind. Sign up today by completing our online



security light form at: www.lrecok.coop/security-lights or by calling our office at **918-772-2526**.

Safety Tips For Contractors

Between 2011-2014, nearly **250** contractors died due to exposure to electricity



research collected from the Bureau of Labor Statistics

Whether framing, yard work, roofing, or working with electricity, contractors have an inherently dangerous profession. In 2014 alone, 802 contractors died from work injuries, according to the Bureau of Labor Statistics (BLS), and exposure to electricity rates the fourth highest cause of death. BLS reports that between 2011 and 2014, nearly 250 contractors died due to electricity. Lake Region & Safe Electricity shares tips to help contractors stay safe when working with or around electricity.

When working with and around electricity, follow all safety precautions. Always maintain situational awareness and identify the location of overhead power lines before working on outdoor projects. Always look

up and out before moving tall objects near overhead lines, and keep equipment at least 10 feet away from power lines in all directions at all times.

Always call 811 a few business days before beginning any project that involves digging. The project area will be surveyed and marked for public utilities within two to three days. When digging, respect the marks. If any digging must be done within that zone, excavate by hand with extreme caution.

Follow safe practices when using extension cords. Always use properly rated and laboratory certified extension cords to avoid the risk of shock and fire. Never remove the grounding pin (or third prong) from an extension cord to make it fit into a two-prong outlet, and replace any cords that are damaged.

Never use power tools in wet conditions. When water and electricity mix, the result can be deadly. Whether you plan on working on a project indoors or outdoors, plug your equipment into a ground fault circuit interrupter (GFCI) to protect against electrical shock. A GFCI constantly monitors the flow of electricity through a circuit and will shut the circuit down if it senses a ground fault.

For additional electric safety information visit SafeElectricity.org.

NEW EXEDE SATELLITE INTERNET PACKAGE

Lake Region Electric Cooperative is an authorized dealer of Exede satellite internet service by ViaSat. We can provide satellite internet anywhere, all we have to do is install a dish on your property. All our Exede plans are fast 12 mbps download & 3 mbps upload. Just choose how much data you need. If you are interested in signing up for satellite internet, please visit our website <https://goo.gl/gtVcAS> or call our office at 918-772-2526. Act Now! Freedom 150GB availability is based on limited data capacity, we may only offer for a limited time.



Exede 10	LIBERTY 12	LIBERTY 18	FREEDOM
<i>Good</i>	<i>Very Good</i>	<i>Excellent</i>	<i>Outstanding</i>
10 GB	12 GB	18 GB	150 GB
Late Night Free Zone	Liberty Pass No Hard Data Caps	Liberty Pass No Hard Data Caps	Plenty of Data
\$58.94/mo	\$68.94/mo	\$98.94/mo	\$108.94/mo

LREC in the Community

Lake Region Electric Cooperative was happy to participate in the Hulbert High School Homecoming parade. Parents and children enjoyed seeing the electric car and a large bucket truck during the parade. LREC promotes electric hybrid vehicles as an alternative to high fuel costs.

LREC is proud to be a part of local community events like these.



Photos by: Leisa Walker

Ron Daniels & Brent Lamons in LREC electric car, and Frank Teague driving a large bucket truck, during Hulbert's Homecoming Parade.

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Office Hours

Monday-Friday
8:00 a.m. - 4:30 p.m.

Telephone

800-364-LREC or
918-772-2526

Website:

www.lrecok.coop

Locations

Hulbert, Wagoner &
Tahlequah, OK.

Main Office Address

P.O. Box 127
Hulbert, OK 74441

Hidden Account Number

Look for your account number hidden in this issue of the *Powerline Press*. If you find your number, Lake Region Electric will credit your next bill.

To claim your credit, notify LREC's Hulbert office by phone or mail during the month of publication.

The amount increases by \$10 with each issue your prize goes unclaimed to a maximum of \$50.

For more information, call 800-364-LREC or 918-772-2526

Cooperative bylaws are available upon request at Lake Region Electric Cooperative's office in Hulbert.